

FOR IMMEDIATE RELEASE

A PRICELESS, PROVOCATIVE LIFE-ENRICHING TOOL KIT

Peel the Onion of Life, Discover the GEM...Silence Fear and Doubt and Live Abundantly![®]

Dr. Ama, author of *Successes Don't Fail*, has created an invaluable Life Tool Kit to support people with navigating the intricate complexities of human existence. She believes the ability to traverse the human experience lies in understanding SELF.

Readers have embraced the ethos contained in this magnificent manuscript, which guides readers through engaging options on how to embrace change whilst being true to the essence of BEING. She believes these shifts generally reveal nuggets of hope, joy and prosperity which enhance life.

The uniquely titled chapters- *Peeling the Onion, Taking Charge of Fear and Silencing Doubt, Investing In SELF, Falling Petals, A New Branch* – captivate the reader into seeking the answers to how to live daily with happiness and success regardless of the universal forces beyond his/her control.

The reviews are magnificent:

“The provocative issue on the table is priceless.” – David Kipper, MD.

“Each chapter will challenge you to ‘rediscover the essence of life’.” – Aida Molina, PhD.

“A Journey of hands-on life-enriching tools.” – Mary-Jo Rossi.

“The built-in chapter journal puts procrastination at bay.” – Tolu Sadipe.

“AmamOnyerinma derives her wisdom from ancient cultures.”- Lalit Kothari.

Dr. Ama is an educationist, author, coach, advocate, strategist and visionary who employs her ethnographic and coaching training in her research as she focuses on her mission – helping others Live Abundantly![®]

Book Information:

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